



# PSHE/RSE

## Curriculum Statement





## Intent

The aim of Personal, Social, Health and Economic Education (PSHE) and Relationship, Sex Education (RSE) curriculum, is to *prepare children gradually and appropriately* for adult life, developing positive healthy relationships and equip children with a sound understanding of risk, with the knowledge and skills necessary to make safe and informed decisions. It supports children through their physical, emotional, moral, cultural and mental development, and helps them to understand themselves, respect others and sustain healthy relationships of all kinds.

Our children are encouraged to develop a sense of belonging by playing a positive role in contributing to school life and the wider community.

As a result of our PSHE/RSE curriculum we aim for our children from Nursery through to Year 6 to become positive members of society with the knowledge of how to keep themselves and others safe and to understand and develop healthy relationships both now and into their adulthood.

## Implementation

Our aim at Loxdale Primary School, is to provide a caring, safe, secure, and stimulating environment where our children are encouraged to become self-confident and self-disciplined learners.

Our curriculum consists of six half-term units of work, each containing six lessons covering each academic year:

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

We ensure the children have cross-curricular experience, through the National Curriculum subjects, British Values, SMSC, RRS and Commando Joe. The children will also experience guest speakers/ theatre groups to broaden their experiences.



Our PSHE curriculum begins in Nursery with PSED a prime area of learning. Through play and the use of our Nursery staff to model and provide high quality interventions, PSHE is at the heart of the curriculum. As children move into Reception, they are introduced to our Jigsaw curriculum through more formal PSHE adult led sessions and again through play.

### Impact

Our six themes within PSHE/RSE ensures that our children from EYFS through to Year 6 are being equipped with the knowledge and skills to enable them to:

- become contributing members of society
- encourages them to have aspirations
- build resilience and belief in themselves
- to make healthy and informed choices in their own lives
- learn to respect themselves and others
- to understand what a healthy relationship looks like
- to understand the value of money
- to understand why/how their body changes