Is fashion important?
A new BBC television programme, called Style It Out, gives nine young promising fashion designers from all over the UK the chance to compete in designing different outfits. The winner will have their clothes showcased at London Fashion Week. The main focuses of the challenge are creativity and sustainability, with the contestants having to use second-hand materials. As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the forefront of shoppers' minds.
Listen

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- Look at this week's poster image. Do you recognise anyone on the poster? It is Emma Willis, who is presenting a new fashion programme and Olivia, who is one of the contestants.
- Is fashion something you are interested in? Do you like wearing different clothes and trying on different outfits?
- Can you make a list of different places where you can get or find clothes? E.g., charity shops, supermarkets, shops or passed on from friends or family.
- Read the information found on the assembly resource about the new TV programme, Style It Out. Share your thoughts on the programme. Is it something that you would enjoy watching?
- Watch this week's useful video in which presenter Emma Willis explains more about Style It Out. Do you think a TV programme like this will help people learn more about and understand important issues? How? Can you think of any other TV programmes you have learned things from?


## Reflection

When we need new clothes as our current ones no longer fit or we no longer need them, it's important to consider where they come from and their impact on the wider world.

## PictureNews

## KS2 focus

## What is fast fashion?

## Why do we need different types of clothing?

## :(8) Listen Think Share

- Make a list of the different types of clothing people wear e.g., trousers, jumper, shorts, t -shirt, tie, dungarees, dress, kilt. Can you describe what you are wearing right now?
- There are many different types of clothing we might wear. Look at resource 1, which shows some people wearing different types of clothing. Describe what each person is wearing. Why do you think they are wearing these clothes?
- The police officer, the nurse and the children at school are all wearing a uniform. Discuss why people might wear a uniform e.g., they can be recognised, they feel they belong, for safety, for comfort. Have you ever worn a uniform? Are you part of any clubs that have a uniform? How does wearing a uniform make you feel?
- Focus on the children to the right of resource 1 . They have all chosen their clothes. They are all different! Do you ever choose what to wear? Do you have a favourite item of clothing? Why do you enjoy wearing it? How important is being fashionable to you?
- Discuss how your clothing choices vary depending on what the weather is like. What clothes help to keep you warm/cool?
- Think about the clothes people might wear to a wedding, to sleep in, to play in the park. Which do you think should be the most comfortable, smart, robust?


## Reflection

There are many different types of clothing people wear. From providing safety and protection, to looking and feeling good, we can all use our voices to share our thoughts about our clothes.

## =(A)Listen To Think Share

- Write 'fashion' on the board. Can you describe what fashion is? Is there anything you have at school or home that you would describe as fashionable? Do you know anyone who you think is fashionable?
- Fashion is the clothing, hair, decoration or behaviour that is popular at the time. You could also describe it as a trend, craze or rage. Fashion has changed over time. Do you recognise any fashions from the past?
- In the 1990 s, the term 'fast fashion' was introduced. Look at resource 2, which shares some information about fast fashion. How do you feel about fast fashion? Do you own clothes that you would describe as fast fashion? How important is being fashionable to you?
- Think about the clothes that you own. Do you know where you got them from? Do any of them have a specific purpose? Are there some clothes you prefer to wear more than others? Why? What do you do with your clothes if they become damaged, they no longer fit or you no longer need/wear them?
- Were you aware so many clothes ended up in landfill? Discuss what you could do to help reduce the number of clothes we throw away e.g., buy second-hand clothes, mend damaged clothes, borrow or rent clothes we are unlikely to wear again, raise awareness.


## Reflection

Clothes can be produced quickly and cheaply meaning there is more choice. When we no longer need, want or can use an item of clothing, it is good to be aware of the options we have other than throwing it away.

## KS2 follow-up ideas

## Option 1

Plan a second-hand clothing fashion show, sale or swap. Think about:

- Where and when could you hold the event?
- How will you gather the second-hand clothes?
- Who will you invite?
- How will you let the people you are inviting know about it?
- What will you charge? If there is a charge, what will you do with any money raised?
- What other resources will you need?
- How will you arrange the area you plan to use e.g., chairs, tables, staging, runway?
- How will you display the second-hand clothes e.g., by age, size, type?


## Option 2

Read and research to find out more about fashion in the past. You could focus on one decade or period in time and then present your findings to each other. Think about:

- Which decade/period of time will you research e.g., Roman clothing, Victorian clothing, 1950s, 1980s?
- What did people wear?
- Why did people wear these clothes?
- What were the clothes made from?
- How did people get their clothes?
- What was the cost?
- Can you describe the colour, shape, style of the clothes?
- How are they similar to/different from the clothes you see today?
Challenge - speak to some of the adults at home and in school and ask them if they can remember any fashions/trends from the past.


## PictureNews

## PictureNews

## KS1 follow-up ideas

## Option 1

An outfit is a set of clothes that are all worn together. Design your dream outfit! Think about:

- What items of clothing will you choose e.g., dress, dungarees, $t$-shirt, hoodie, cardigan, shoes, trainers?
- What colours will each item be? Will they be bright or dark? Will they be the same colour but different tones?
- Will any of your items have patterns or designs on them?
- Will you include any accessories such as bags, sunglasses, jewellery, a hat?
Create a picture of your dream outfit. Once you have completed it, think about where and when you might like to wear your outfit.
- Would it be suitable on a snowy day?
- Would you wear it to a friend's party?


## Option 2

Use your list of the different items of clothing people wear from the resource 1 focus session or create a new list.

- Can you name the items of clothing you are wearing now?
Use this opportunity to learn or recap the words used to describe different clothing in the MFL taught in school. Use the following ideas or create your own:
- Play a game of clothing types bingo. Draw the items of clothing and tick them off as your teacher says them in your MFL.
- Look at the MFL vocabulary and match it to the English version.
- Describe what you are wearing now in your MFL.
- Describe your dream outfit in your MFL.


## This week's useful websites

## This week's news story

www.bbc.co.uk/newsround/67892182

## This week's useful video

BBC's Style it Out
www.bbc.co.uk/mediacentre/mediapacks/style-it-out-emma-willis-cbbc

## This week's Virtual Picture News <br> www.picture-news.co.uk/discuss

## This week's vocabulary

Forefront
The most important or leading position
As people's awareness of the impact of fast fashion increases, sustainable clothing is becoming more at the forefront of shoppers' minds.

## Longevity

I really try to only buy the things I actually need and pieces that have longevity.

## Outfit

A set of clothes worn together, often for an occasion or purpose.
Do you like wearing different clothes and trying on different outfits?

## Repurposing

Adapting or using something for a new purpose.
The TV programme sees young people taking on different challenges with different themes each week, focusing on sustainability and repurposing clothing items.

## Showcased

Displayed, presented or exhibited.
The winner will have their clothes showcased at London Fashion Week.

## Sustainability

Causing little or no damage to the environment and therefore able to continue for a long time.
The main focuses of the challenge are creativity and sustainability, with the contestants having to use secondhand materials.

