

	Self-confidence and Self-awareness		Managing Feelings and Behaviour		Making Relationships	
22-36 months	1	Separates from main carer with support and encouragement from a familiar adult.	1	Seeks comfort from familiar adults when needed.	1	Interested in others' play and starting to join in.
	2	Expresses own preferences and interests.	2	Can express their own feelings such as sad, happy, cross, scared, worried.	2	Seeks out others to share experiences.
			3	Responds to the feelings and wishes of others.	3	Shows affection and concern for people who are special to them.
			4	Aware that some actions can hurt or harm others.	4	May form a special friendship with another child.
			5	Tries to help or give comfort when others are distressed.		
			6	Shows understanding and co-operates with some boundaries and routines.		
			7	Can inhibit own actions/behaviours, e.g. stop themselves from doing something they shouldn't do.		
			8	Growing ability to distract self when upset, e.g. by engaging in a new play activity.		
30-50 months	1	Can select and use activities and resources with help.	1	Aware of own feelings, and knows that some actions and words can hurt others' feelings.	1	Can play in a group, extending and elaborating play ideas, e.g. building up a role-play activity with other children.
	2	Welcomes and values praise for what they have done.	2	Begins to accept the needs of others and can take turns and share resources, sometimes with support from others.	2	Initiates play, offering cues to peers to join them.

	3	Enjoys responsibility of carrying out small tasks.		3	Can usually tolerate delay when needs are not immediately met, and understands wishes may not always be met.		3	Keeps play going by responding to what others are saying or doing.	
	4	Is more outgoing towards unfamiliar people and more confident in new social situations.		4	Can usually adapt behaviour to different events, social situations and changes in routine.		4	Demonstrates friendly behaviour, initiating conversations and forming good relationships with peers and familiar adults.	
	5	Confident to talk to other children when playing, and will communicate freely about own home and community.							
	6	Shows confidence in asking adults for help.							



# Personal, Social and Emotional Development



	Self-confidence and Self-awareness		Managing Feelings and Behaviour		Making Relationships				
40-60+ months	1	Confident to speak to others about own needs, wants, interests and opinions.		1	Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them.		1	Initiates conversations, attends to and takes account of what others say.	
	2	Can describe self in positive terms and talk about abilities.		2	Aware of the boundaries set, and of behavioural expectations in the setting.		2	Explains own knowledge and understanding, and asks appropriate questions of others.	
				3	Beginning to be able to negotiate and solve problems without aggression, e.g.		3	Takes steps to resolve conflicts with other children, e.g. finding a	

			when someone has taken their toy.		compromise.	
ELG	Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.		Children talk about how they and others show feelings, talk about their own and others' behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.		Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.	



# Personal, Social and Emotional Development

